

## Spicy Meat Balls

2 lbs ground beef

2 Eggs

½ t minced garlic

1 t dried oregano or 1 T fresh

1 t dried parsley or 1 T fresh

¼ cup green onion chopped

½ t rosemary or ½ T fresh

¼ t salt

¼ t pepper

4 cups crushed potato chips

Stir together and form into meatballs. Bake at 375 for 30 min

Serve with spaghetti or barbecue sauce

<http://www.lincolntent.com/GFCF-Beef.html>